# AARP Livable Communities: Age-Friendly Reno Project Approved 5/13/20-5/13/23 Action Plan – Priority #1: Housing

#### Housing Team Leaders: Nick Tscheekar, Brent Boynton, Danada Rausch, Cathy Steed

**Our Mission**: Age-Friendly Reno will advocate for and support the increase of affordable and appropriate housing and transportation options for our elders, improved connections to in-home and community services they need to remain safely and securely at home, and increased opportunities for enriching their personal connections to others.

**Standardized definition of "affordable and workforce housing" -** Washoe County rounded 2019 Average Median Income (AMI) for a 4-person household = \$78,100. First tier: households making less than 60% of AMI (\$46,860). Second tier: households making between 60% (46,860) and 80% (\$62,480) of AMI. Third tier: households, defined as workforce housing making between 80% (\$62,480) and 120% (\$93,720) of AMI.

Goal	Actions	Lead Person/Agency	Partners	Date	Resources	Outreach, media	Metrics
for elders/disabled	<ul> <li>Design new voucher program using Section 8 as model</li> <li>Attain funding from prospective business, organization &amp;, individual donors.</li> <li>Present program to landlords &amp; recruit</li> <li>Housing Team to meet monthly</li> <li>Arrange fiduciary payee if needed</li> </ul>	Brent Boynton, Cathy Steed Housing Team, Reno Housing Authority (RHA) to manage new program		2020- 2023	HUD, HUD- VASH, affordable housing developers, Community Foundation donors, other donors & grantmakers	See Age- friendly media plan; Letters to editor, media releases, posts to age- friendly website, social media	Use RHA baseline on 6/30/20 of Washoe Co. local subsidized housing (income based) units for elders/disabled. Enroll 10% of that baseline # in new voucher program by 12/31/23.
#2: Advocate & support developing more shared, intergenerational, & "missing middle" housing. Support tiny homes and accessory dwelling units (ADUs) in	<ul> <li>Contact Silver State         <ul> <li>Fair Housing &amp; UNR</li> <li>Center for Excellence                 in Disabilities for civil                  rights &amp; consumer                  protection rules re:                       senior/disabled                        housing &amp; shared                        housing in NV.</li> </ul> </li> </ul>	Danada Rausch		2020- 2023	TMRPA, Reno Master Plan (Reimagine Reno), Sparks Master Plan, Washoe Co Master Plan, Stats for shared, inter- generational &	See Age- friendly media plan	Use TMRPA/ Enterprise Study 12/31/19 baseline of # of shared, intergen'l and missing middle housing units Increase by 10% by 2023

neighborhoods able and willing to accommodate them.	<ul> <li>Review literature on shared housing, current real estate, landlord-tenant laws &amp; senior housing laws; See NRS118A</li> <li>Work with UNR/TMCC to match students w/ seniors for shared housing</li> </ul>	Housing Team, Danada Rausch  Housing Team, UNR, TMCC	UNR, TMCC	2020 2023	missing middle housing units as of 2019;  UNR & TMCC student government; UNR Residential Life staff; Regenesis Reno		
#3: Advocate with policymakers to incorporate affordable & appropriate age friendly housing policy into master plans, legislation and regulations& for more such housing projects; support affordable housing developers, and stakeholders.	<ul> <li>Learn from Reno Community         Development staff about city's plans for increasing affordable housing</li> <li>Attend/support new Reno Tenant Issues &amp; Concerns Citizen Advisory Board meetings</li> <li>Influence city/county policies re: development when people are displaced by new development</li> <li>Get familiar with Enterprise housing study, TMHC, TM Regional Plan, city &amp; county master plans &amp; housing data</li> <li>Meet with Neighborhood Services to discuss how it connects City's affordable</li> </ul>	Housing Team		2020- 2023	Master plans	See Age- friendly media plan	Create form to capture # of meetings attended #of hearings attended #of public comments by Age-Friendly Housing Team #of new age-friendly policies enacted re: affordable housing

	housing efforts & issues to residents; give input.  • Hold Age-friendly housing listening sessions in each ward.  • Get input from people who plan to live in affordable housing before it's built  • Take feedback to RHA, CHAB and council/commission						
#4: Create age- friendly media campaign for affordable housing issues & solutions aimed at age 50+ community	<ul> <li>Create Age-Friendly communications plan, website, Twitter, Facebook presence</li> <li>Assign team members to post</li> <li>Work with SDTV to create and air some short videos</li> <li>Explore working with Revision Brewery in Reno</li> </ul>	Paco Lachoy All Teams	All Teams	2020- 2021	ACTIONN, City of Reno, SDTV	See Age- friendly media plan	Media plan created & launched, #hits # pieces printed #print mentions #radio airings #tv airings
#5 Advocate and support the lead agencies working to reduce Washoe Co. homelessness and to support persons in transition to housing	<ul> <li>Attend/speak at CHAB, RAAH, NV Housing Coalition and TMT to learn about homeless issues and solutions;</li> <li>Volunteer at CAC shelter/tent; Research housing homeless by people with extra space in their homes, advocate for fiduciary payees for homeless as needed</li> </ul>	Housing Team CHAB, RAAH, TMT Food Bank	CHAB, RAAH, TMT, Food Bank, VOA, CFWN	2020- 2023	Plans and data from CHAB, RAAH, VOA, TMT, Food Bank, CFWN and other websites or other agencies	See Age- friendly media plan	# meetings attended #Team public comments

# AARP Livable Communities: Age Friendly Reno Project Action Plan – Priority Area #2: Access to Community and Health Services Service Team Leaders: Larry Weiss, Lynda Hascheff, Donna Clontz, Bobbie Ma

**Our Mission**: Age-Friendly Reno will advocate for and support the increase of affordable and appropriate housing and transportation options for our elders, improved connections to in-home and community services they need to remain safely and securely at home, and increased opportunities for enriching their personal connections to others.

Goal	Actions	Lead Person/ Agency	Partners	Dates	Resources	Outreach Media	Metrics
#1 Increase the number of Reno seniors aged 50+ who report knowledge and/or receipt of more inhome/community support services to enable them to remain at home.  In-home support is case management, housekeeping, food prep/delivery, health care assistance, ADL assistance, volunteer senior companion, respite, home modification /maintenance/ repair, yard work, bill-paying, or any other service that allows that person to continue living in their own home	<ul> <li>Increase # of volunteers for Washoe Co. Sr Services programs (Meals on Wheels, senior centers, drivers), Food Bank, StuffaBus</li> <li>Advocate for increased funding for home-based &amp; community services programs at state legislature</li> <li>Support use of SB 425 Medicaid waiver for housing; follow progress of writing regs</li> <li>Create &amp; conduct survey to measure use &amp; knowledge of services</li> </ul>	Washoe Co. Sr. Services, Todd Acker Food Bank, Sr Outreach Services, Seniors in Service, Age- Friendly Services Team; senior advisory boards, Alzheimer's Assn., Aging & Disability Services Div., Washoe County Sr. Services Services Team; Senior advisory boards, N4, Aging & Disability Services, Washoe County Sr. Services in-home support services Services Team with Center for Healthy Aging/ADSD, Elders Count, Census 2020	Senior advisory board/committees, Reno, Sparks, Washoe Co., county libraries, ADSD, Center for Healthy Aging, AARP, RHA, senior centers, Food Bank & pantries, first responders, police, sheriff, N4, WCSS, CFWN Caregiver Network, OLLI, Katie Pace – NV Ombudsman for Consumer Health Assistance, HOPEs wrap around services	2020, 2021, 2022, 2023	Center for Healthy Aging/ADSD Elders Count 2020, 2022, 2024, UNR School of Medicine, yearly AF survey to assess knowledge and use of services  2020 Census, Elders Count, OLLI, Katie Pace	See Age- friendly media plan	10% annual increase of Reno seniors who report knowledge and/or use of inhome & community support services. Baseline measured in 2020 survey. Surveys done in 2021, 2022, and 2023.

#2: Increase meaningful social	Age-friendly     Service Team join	Age Friendly Service Team, BUILD/CARE	Renown, Truckee Meadows Healthy	2020- 2023	BUILD/CARE grant program	See Age- friendly	Get baseline data for
interaction and	BUILD/CARE	teams	Communities,			media plan;	12/31/19:
social opportunities	project to combat		Washoe Co.		Reno Sr Citizen		# PRCS srs.
for elders; decrease isolation	<ul><li>elder isolation.</li><li>Create pilot project</li></ul>	Age-friendly Service	Health Dept., County libraries,	2022	Advisory Comm. (SCAC)		#CARE srs. #RPD Phone
isolation	to help NABS/	Team, HOAs	Neighborhood	2022	Strategic Plan		Patrol srs.
	HOAs identify	NABs/Neighborhood Services, Scouts for	Services, Reno,		for 2019-2022		#HOAs srs
	isolated elders in	service projects	Sparks, Washoe				#NAB srs
	their communities		Recreation,		Reno SCAC		
	and connect with them & refer for		Truckee Meadows		communication		Survey annually
	services.		Parks Foundation, NABs, HOAs, Rec		plan for seniors 2020-2021		2020,2021,2022, 2023
	Work with PRCS	PRCS,Reno SCAC,	& Parks	2020	2020-2021		2023
	to increase #s in	Rec & Parks Comm.,	Commission,	2020			
	senior recreation	Center for Healthy Aging, Community	Friends of the				
	programs &	Foundation	Library, county				
	scholarships • Increase access to		library board,	0000			
	OLLI & TMCC	OLLI, TMCC	Reno PD, Sparks PD, Center for	2020			
	Silver College to		Healthy Aging,				
	scholarships		seniors at centers,				
	Work with Reno	RPD Travis Warren,	Pickleball Club,	2023			
	PD/Sheriff to	SAVE volunteers, Sparks PD, Washoe	beanbag baseball				
	implement Senior Phone Patrol; work	Sheriff Balaam, RPD,	teams,				
	with first	REMSA, MOST team	Alzheimer's Assn,				
	responders to		Sanford Center, Seniors living in				
	ID/refer isolated		senior residences				
	seniors		and 55+				
	Station Sr Health     Advacate at OLU	OLLI board, Center for	developments	2021			
#3: Advocate for	Advocate at OLLI     Research local	Healthy Aging Services Team;	RHA, ADSD,	2020-		Soo Ago	#meetings with
service coordination	senior housing	Services ream, Senior advisory	WCSS, Center for	2020-		See Age- friendly	housing mgrs.,
in senior housing	developments that	board/committees,	Healthy Aging,	2020		media plan	HOAs/NABs
developments.	have service		Sanford Center				#public
	coordinators	Services Team;					comments on
	Discuss benefits of	Senior advisory					service
	service	board/committees					coordination

	coordination w housing mgrs., HOAs/NABs • Advocate for service coordination at public hearings					
#4: Improve current print & social media to increase elders' knowledge and access to health & community services	<ul> <li>Create &amp; implement AF communications plan to reach more elders</li> <li>Add resource info to Agefriendly Reno website, Twitter, Facebook</li> <li>Assign team members to post</li> <li>Work with SDTV to create and air some short videos on resources</li> </ul>	Paco Lachoy help all Teams to design/implement plan	Neighborhood Services, all media outlets, N4, OLLI, Washoe Co, Renown, St. Mary's, Northern NV hospital systems, Senior Care Plus, AARP Nevada; community events pages in local print media & online	2020	See Age- friendly media plan	Media plan created & launched, #hits # pieces printed #print mentions #radio airings #tv airings

# AARP Livable Communities: Age Friendly Reno Project Action Plan – Priority Area #3: Transportation

### Transportation Team Leaders: Amy Dewitt-Smith, Marta Malone, Moe Mulvana

**Our Mission**: Age-Friendly Reno will advocate for and support the increase of affordable and appropriate housing and transportation options for our elders, improved connections to in-home and community services they need to remain safely and securely at home, and increased opportunities for enriching their personal connections to others.

Goals	Actions	Lead Person/Agency	Partners	Dates	Resources	Outreach media	Metrics
#1: Advocate for more accessible, affordable transportation services for elders	<ul> <li>Attend RTC         meetings &amp;         community events         to learn/make public         comment to         increase services in         under-served areas</li> <li>Team members use         RTC, Lyft, Uber,         taxis, bikes, to gain         personal experience</li> <li>Support expansion         of RTC pilot Flex-         Ride</li> </ul>	Transportation Team; N4 Senior board & committees	RTC, NV Dept. of Transportation, N4, NV Governor's Council on Dev. Disabilities, NN Center for Independent Living,churches, WCSS(Todd) Senior boards biking groups, NEMT, MTM, Logisticare? hospitals, assisted living & nursing facilities, retirement communities	2020	Community assessment data, resource directories, RTC Southern Nevada (pilot programs & public- private partnerships), Sanford Center, Statewide Transit Association planning committee, Washoe County Senior Services, Kenny Guinn Center (report)	See Age- friendly media plan	Ask team about where to find transportation service/program information. Contact Susi Trinidad & Jennifer Meyers (RTC)
#2: Increase # of seniors who can find transportation and other resource information online and via other means	Support N4's pilot program to teach seniors to use smartphones and other means to access Lyft and other services	Transportation Team, N4, RTC, Aging & Disability Services Div. Susi Trinidad	Aging & Disability Services Div., N4, RTC, NNCIL, senior & community centers, retail (stores, coffee	2022	N4 training materials for Ride On Time project, RTC rider training materials; Sr Spectrum, Center for Healthy Aging,	See Age- friendly media plan  Flyers at RHA PSAs for tv & radio	Report # of classes and # of students in N4 classes and RTC classes on annual basis

	Support RTC     program for elders     learning to use RTC		shops) bus stops & stations churches		Sanford Center, brochures, newspapers		
#3: Investigate the expressed barriers/ challenges to seniors accessing transportation	<ul> <li>Review local and statewide community assessment reports</li> <li>Talk with people!</li> <li>Pilot new programs that record participant feedback</li> </ul>	Transportation Team, N4	RTC, N4, NNCIL	2020	NABs, CABs, senior groups & communities	See Age- friendly media plan	Incorporate into current and/or potential future projects; propose to stakeholders and community partners
#4: Leverage idle buses/vans to create new transport system for elders	<ul> <li>Research national models of public- private community transport systems; software/system for dispatch, liability</li> <li>Start with one provider, test system, add more.</li> </ul>	Transportation Team, N4	Reno PRCS, WCSS, faith community, WCSD Casinos, senior residences, car dealers	2021	Reno PRCS, WCSS, faith community, WCSD Casinos, senior residences, car dealers	See Age- friendly media plan	#buses/vans used in partnership to transport elders #new rides for elders/year
#5: Advocate for a regional transportation ombudsman or statewide transit association	<ul> <li>Research if council or ombudsman already exists in NV</li> <li>Support N4's work toward creation of ombudsman or statewide transit association</li> </ul>	Transportation Team, N4	N4, RTC	2020	Literature on transit association or ombudsman in other places	See Age- friendly media plan	Ombudsman or state transit association created

### ACRONYM KEY AGE-FRIENDLY RENO

ADL - activities of daily living	PSA - Public Service Announcement
ADSD - Aging and Disability Services Division	PRCS - Parks and Recreation Community Services
ADU - accessory dwelling unit aka 'granny flats'	RAAH - Reno Area Alliance for the Homeless
AF - Age-Friendly	REMSA - Reno Emergency Medical Services Authority
CAB - County Advisory Board	RHA - Reno Housing Authority
CFWN - Community Foundation of Western Nevada	RPD - Reno Police Department
CHA - Center for Healthy Aging	RTC - Regional Transportation Commission
CHAB - Community Homeless Advisory Board	SAVE - Senior Auxiliary Volunteer Efforts (w/RPD)
FB - Facebook	SCAC - Senior Citizen Advisory Committee
HUD - Department of Housing and Urban Developmen	SDTV - Senior Discovery Television
HOA - Home Owner Association	SOS - Senior Outreach Services
MOST - Mobile Outreach Safety Team	TMCC - Truckee Meadows Community College
MTM - Reno company doing non-medical transportatio	TMHC - Truckee Meadows Healthy Communities
NAB - Neighborhood Advisory Board	TMRPA - Truckee Meadows Planning Agency
N4 - Neighborhood Network of Northern Nevada	TM - Truckee Meadows
NDOT - Nevada Department of Transportation	TMT - Truckee Meadows Tomorrow
NEMT - Non-Emergency Transportation	TNC - Transportation Network Companies
NGCDD - Nevada Governor's Council on Developmental	UNR - University of Nevada, Reno
Disabilities	VASH - Veterans Affairs Supportive Housing
NNCIL - Northern Nevada Center for Independent Living	VOA - Volunteers of America
OLLI - Osher Lifelong Learning Center	WCSD - Washoe County School District
PD - Police Department	WCSS - Washoe County Social Services

### AGE-FRIENDLY RENO 2020–2023 MEDIA PLAN GOALS AND OBJECTIVES (Last update 4/30/20)

#### GOAL 1: Enhance communication methods for resources and services so more people access them when needed.

Make more elders and their caregivers aware of the many available local community resources and services to help them live healthy, independent, active and safer lives.

**OBJECTIVE 1**: By December 2020, launch a 3-year age-friendly community awareness and communication plan to provide more elders and their caregivers information about resources and services to promote a healthy, independent, active, and safe lifestyle.

	Actions	Who	By When	Measures of Success
1	Create & distribute age-friendly survey to elders and	Services Team	4//21	Collect at least 400 surveys and tabulate
	caregivers; assess knowledge and use of services			results
2	Identify existing outreach & support methods & media	Services Team,	12/20	Meeting with media and service
	types to reach elders	partners		providers; create list of methods/media
3	Launch communication plan of elder resources for	Services Team	12/20	Communication plan created & launched
	elders/caregivers			
4	Document number of elders/ caregivers reached as	Services Team	12/20	Quarterly count of those reached starting
	baseline measurement.			2020

**OBJECTIVE 2**: By March 2021, the Age-friendly Services Team will work with community partners to implement new and different media types to reach elders and caregivers and enhance the communication plan.

	Actions	Who	By When	Measures of Success
1	Implement new media methods to reach elders	Services Team	3/21	Meetings with local media to get ideas,
	without internet, cable service or smartphones.			assistance; # of hits of elders
2	Recommend ways to improve Senior Connect,	Services Team	12/20	Survey elders after changes; increase
	Washoe County newsletter content and delivery to			distribution via email, doctors/pharmacies,
	more elders/caregivers			etc.
3	Increase age-friendly social media content in elder	Services Team	12/20	Increase in number of age-friendly-specific
	programs/ resources			social media postings
4	Explore creation of streaming TV application or	Services Team	12/20	Application created; tv subchannel located
	over-the-air subchannel for senior programming			for elder-specific programming
5	Work with SDTV to develop more TV/video content	Services Team,	12/21	SDTV creates new PSAs, short videos
	for elder audience	SDTV		

6	Support use of City of Reno tv studio for staff and	Services Team,	12/20	Studio is actively used for senior
	SDTV volunteers	SDTV, Reno		programming
7	Identify and implement Spanish materials for	Center for	12/20	Spanish materials, media is created and
	elders/caregivers	Healthy Aging		delivered
8	Identify free and low-cost advertising and print	Paco Lachoy	12/20	Meetings with advertisers and print media
	opportunities			
9	Update and distribute Elder Services Resource	All Teams,	12/20	Print and distribute 10,000 copies/year;
	brochure	partners		brochure posted on partner web pages
10	Work with partners to plan & participate in	All Age-friendly	4/21	Increase StuffaBus donations for 2021;
	StuffaBus and Older Americans Month	Teams, partners		streamline OAM in 2021

## **OBJECTIVE 3:** By December 2020, increase awareness of county-wide senior recreation and OLLI/TMCC Silver College scholarship programs to increase usage by low-income elders.

	Actions	Who	By When	Measures of Success
1	Recommend creation of senior recreation	Advisory	12/20	Sparks council adopts
	scholarships for Sparks residents	committees		
2	SDTV create video about senior scholarships	SDTV	12/20	SDTV creates video
3	Let more elders know about scholarships	Services Team	12/20	Flyers in facilities, partner websites
4	Document number of elders on scholarships as of	Services Team	12/20	10% more elders on scholarship as of
	12/31/19 as baseline measurement			12/20; measure each December

# **OBJECTIVE 4**: By December 2021, with assistance of all media partners, increase community knowledge of Age-Friendly mission and involve Age-Friendly Teams in more community outreach.

	Actions	Who	By When	Measures of Success
1	Meet with media leads at Reno, Sparks, Washoe	Service Team	12/20	Joint media plan created
	County, RTC			
2	Create Age-friendly brochure or rack card	Paco Lachoy	12/20	1000 brochures or rack cards distributed
3	Update age-friendly info on city, county, partners	Service Team,	6/21	Check city/county, partners' websites
	websites (includes RTC, OLLI, N4, UNR, TMCC)	partners		
4	Create annual calendar of local events and activities	Service Team	12/20	Members attend at least 6 events each
	for Age-friendly Teams to attend; promote resources,			year and report to the Age-friendly
	including NABs, joint meetings.			Planning Team
5	SDTV, other media promotes age-friendly projects	Paco Lachoy,	12/21	SDTV creates videos; coverage in other
		SDTV		media